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- Windows 7 – Due out this fall
- Record Spam

FITS On-Line

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At less than half the cost of a typical laptop, lightweight and feature rich – here come the Netbooks...

Easy and Inexpensive Backup Solutions ([Click Here](#))

Backing up your data is critical should something go wrong. Home computers as well as business computers should be protected. FITS has solutions from no-cost to...

Web Presence is Expected – Get Your Own Site Up & Running with FITS ([Click Here](#))

More and more these days your customers expect to be able to access you via the web...and why not? It is an inexpensive sales tool available anytime...

Is your Wireless Network Secure...?

Your Business or Home wireless network should display a 'lock' symbol indicating it is secure, if not you may be leaving your data exposed. Contact FITS if you are not sure
sales@FileBankIT.com or
(416) 640-2874 ...

Avoid Commuting with OWA & VPN



the office.

If you want to work from home (or remote location) and still have full access to the corporate network, a Virtual Private Network (VPN) may be the solution. A VPN enables access to network shares (files), internal intranet sites as well as to the complete functionality of your e-mail. A VPN connection is one of the most secure ways to connect to the office, creating an encrypted "tunnel" between your computer and

If not by VPN then Virtual Network Connection (VNC) technology also enables you to have full, secure access to your work computer through an Internet connection. Using your home (or remote) computer, you can connect to your work computer, see the files, programs, and resources exactly as you would if you were sitting at your desk in the office.

If your company uses Microsoft Exchange Server for e-mail, you can also use Outlook Web Access (OWA) to utilize your email functions. OWA enables you to securely access your mailbox from any computer with an Internet connection. You can check and reply to e-mail, send meeting invitations, manage your Calendar, access your Contacts and check your Tasks among other features.

Using these methods you can save yourself the daily grind of the traffic commute and stay productive without ever going into the office.

Ask FITS how this technology can work for your business. (416) 640-2874

First Impression on Business Networking Sites (LinkedIn, Plaxo, Ryze, meettheboss...)

There is much discussion regarding the potential of business networking sites with many venues to market yourself and your business on the net. If you are ready to 'give it a try', I've included a few basic tips in building an effective Business Networking profile:

1. Look at your profile as a prospect might (E.g. Employer client). Does your page compel you to hire yourself?
2. Lead with what you do best or aspire to do best. (Detail or give past and present examples to back up your statements)
3. Add a photo that sells (get some outside opinions to help you choose the best photo or hire a professional photographer.)
4. Write recommendations for people you respect. (I only recommend people I work with myself or have a good knowledge of their work) See if

Question of the Month: What function does pressing the Windows Key + E Key perform?

Send your response to info@FileBankIT.com before 15JL09 to be eligible to win a 4GB Flash Drive.

The winner of last issue's prize was: Cynthia Manning – Enjoy the MP3 Player.

Q: - What version of Microsoft Internet Explorer was most recently released?

A: - IE8

Contact Us:

<http://www.filebankit.com/>

Info@FileBankIT.com



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they will reciprocate (without pressuring them).

5. Grow your network... It's all about networking. Build your on-line community and let them know about you and what you offer.

6. Keep your profile up to date. Review and Edit as necessary.

7. Include appropriate references to web-sites; blog's; podcast; RSS or other media feeds to add depth.

Similar to networking in person, it only works well with your participation and active engagement with the community. – See you there. DM

Bypass Vista - Windows 7 is on its Way

Microsoft has recently confirmed that the first retail sales of Windows 7 will take place on 22 October 2009. Those of you who have managed to make due with versions of XP to this point may want to save yourself the trouble of testing or trying out Vista in hopes that Windows 7 will provide a better solution.



For Business use, FITS does not recommend you rush out and deploy this new Operating System. As with all new software products, especially complex ones, there will be a period of 'settling in' before it is considered 'tried and tested'. Interestingly, Microsoft put in place a program allowing Windows 7 systems to be 'downgraded' to XP. They recently extended the time period on this is offering. "Windows 7 Professional and Ultimate customers will have the option to downgrade to Windows XP Professional from PCs that ship within 18 months following the general availability of Windows 7 or until the release of a Windows 7 service pack, whichever is sooner, and if a service pack is developed," Read - it could be a lot less time if a Service Pack is released shortly thereafter October 2009.

– FITS will keep you posted.

Spam Reported at an All-Time High

Symantec's MessageLabs May 2009 reports that the number of e-mail messages containing spam reached an all-time high of over 90%, while emails containing virus code or phishing attacks was declining or levelling off.

Not surprising statistics as FITS has also seen a decline in virus removals countered by an increase in malicious fake Web sites or compromised (hacked) real Web sites. This form of attack seems to be the way of the future so you will have to keep your wits about you and be cautious of anything that pops up while you are browsing the internet.



Contact FITS for information on Spam Blocker programs.
(416) 640-2874

- Happy Computing – FITS

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